

WRESTLING

Technical Guidelines

- The Wrestling portion of the event shall showcase Freestyle Wrestling Women, open to all from Kids Division and onwards.
- Events per Age Group.

We shall have six (6) age groups for the wrestling event. These are:

- Kids 1 – 10 to 11 years old
- Kids 2 – 12 to 13 years old
- Schoolgirls – 14 to 15 years old
- Juniors – 16 to 18 years old
- Senior – 18 years old and upwards
- Veterans – 35 years old and upwards

- Weight Divisions

The weight division for the following Age Group.

KIDS 1 (10 – 11 years old) FREESTYLE	KIDS 2 (12 – 13 years old) FREESTYLE
Girls	Girls
<ul style="list-style-type: none"> • 26 kg • 28 kg • 30 kg • 32 kg • 34 kg • 37 kg • 40 kg • 44 kg • 48 kg • 52 kg 	<ul style="list-style-type: none"> • 26 kg • 28 kg • 30 kg • 32 kg • 34 kg • 37 kg • 40 kg • 44 kg • 48 kg • 52 kg

Schoolgirls (14 – 15 years old) FREESTYLE	Junior (16 – 18 years old) FREESTYLE
Girls	Girls
<ul style="list-style-type: none"> • 30kg • 32 kg • 34 kg • 37 kg • 40 kg • 44 kg • 48 kg • 52 kg • 57 kg • 62 kg 	<ul style="list-style-type: none"> • 40 to 44 kg • 48 kg • 51 kg • 55 kg • 59 kg • 63 kg • 67 kg • 72 kg

Senior (18 years old and upwards) FREESTYLE	Veterans (35 years old and upwards) FREESTYLE
Girls	Girls
<ul style="list-style-type: none"> • 48 kg • 53 kg • 55 kg • 58 kg • 60 kg • 63 kg • 69 kg • 75 kg 	<ul style="list-style-type: none"> • 48 kg • 53 kg • 55 kg • 58 kg • 60 kg • 63 kg • 69 kg • 75 kg

- **Venue and Schedule**

The venue will be at the Harrison Plaza, Adriatico St. Malate, Manila; the event proper shall be held on July 25th to July 28th, 2017. Weigh ins will be @ 3 PM on July 25th, 2017

The schedule of the event proper as well as the matches shall be released once the bracket have been completed..

- **Ground Rules**

- The UWW International rules, which all of our club coaches are familiar with, will be strictly observed – expect for a few exceptions stipulated herein.
- Each club is allowed of field a maximum of ten wrestler per weigh class per event: Freestyle.
- All LGU teams must submit their final entries one month prior to the event via email to unitedwrestling@gmail.com.
- No gold medal will be given to one entry in a weight class; there must always be at least two entries per weight class for its competition to be officially held, and its winners to be awarded accordingly.

In cases of such lone entries, the technical officials, in consultation with the concerned coaches, shall assign the particular athletes to a higher weight class where they will compete with other participants.

The technical officials, as much as possible, shall see to it that a wrestler will compete in other weight class that is only one category higher than his actual weight class – to avoid playing against another who is/are two weight classes heavier for safety reasons.

- Each participant is allowed only 30 minutes to make weight after he/she is first called to officially weigh – in the scale.
- Each participant is required to wear a red or blue singlet and wrestling shoes upon entering the mat.
- Participants must bring proof of age, e.g. birth certificate, passport, any official or government ID.